




JANUARY 2025 | QUARTER 3

THE FLYING L NEWSLETTER

FORT LAUDERDALE HIGH SCHOOL

STAYING THE COURSE

As we commence Quarter 3, we are thrilled to welcome our Flying L Family back on campus for the second semester of the 2024-2025 school year. This is the time where students need to establish and re-evaluate routines to elevate their academic success, such as attending STAR Tutoring, checking FOCUS and Canvas, and using their Study Hall time to get assistance with their assignments. We will be holding review sessions this semester to prepare for upcoming testing. Please have students reach out to teachers for these opportunities. We look forward to continuing to work collaboratively with students and their families to foster a school environment that is safe, inclusive, and focused on student achievement.

X Follow us on X and/or Instagram to get up to date information on what is happening at our school :
 [@FLHSOfficial](#), [@PrincipalFLHigh](#), [@flhs_magnet](#).



SENIORS! This is your year. At Fort Lauderdale High School we want to continue to make your Senior year as memorable as possible. We are excited to continue to celebrate you and all of your accomplishments!

- **Senior BBQ:** February 7th
- **Grad Bash:** April 11th
- **Top 10% Dinner:** TBA
- **Senior Prom:** April 25th
- **Senior Award Night:** TBA
- **Cap and Gown Distribution:** TBA
- **Graduation:** May 29th @ NSU (2:00 pm)

Please follow FLHS Class of 2025 on Instagram @FLHS.2025 or visit our school website for more information.

IMPORTANT DATES

Employee Planning - January 10th
Beginning of Quarter 3 - January 13th
Professional Study Day - February 6th
Quarter 3 Interims - February 11th
Quarter 2 Report Cards - January 31st
Day of Service & Love (ERD) - Feb. 14th
End of Quarter 3 - March 20th
Employee Planning - March 21st
Spring Break - March 24th-31st



See Something, Say Something
Be a Broward Buddy, Report a Tip!

In an emergency, call 911 immediately. To submit a safety or security concern that is not an emergency, please use one of the tip reporting methods provided below. Please remember you can choose to remain anonymous.

Anonymous Tip Submission Box
Submit a tip easily via our Anonymous Tip Submission Box (no download required). Provide as much detail as you can, including names of people involved, physical descriptions, school name, social media handles, etc.



[BrowardSchools.com/SecurityTips](https://www.browardschools.com/SecurityTips)

Call Us Anytime (Even on Holidays)
Call our District Security Operations Center (DSOC) 24 hours a day, 7 days a week (including holidays). One of our friendly DSOC Specialists will take your tip over the phone and submit it immediately to our investigators. Please let the DSOC Specialist know if you wish to remain anonymous.

754-321-3500

Send Us an Email
Submit a tip using the email address below. Although your email address is displayed using this tip reporting method, you can choose to remain anonymous by simply requesting it in your message.

SecurityTips@BrowardSchools.com

FortifyFL
Submit a tip via FortifyFL online (no download required) or download the app for easier use. Visit FortifyFL using the link below. Your tip will immediately reach law enforcement and Broward Schools investigators.



[GetFortifyFL.com](https://www.getfortifyfl.com)



24/7
365 DAYS

ATTENDANCE COUNTS! ALL DAY, EVERYDAY.



WELLNESS & MENTAL HEALTH

At FLHS we know that mental and psychological wellness are integral to school success. Therefore, we want to remind you that you are never alone. If you are feeling overwhelmed, stressed, anxious, or want to talk to someone regarding anything else you are going through, please come by our Guidance office to speak to one of our school counselors, social worker, family therapist, or any other trusted adult. You do not need an appointment for these types of visits. We are in this together.

We also invite you to take some time to visit our [website](#), or the [BCPS Mental Health Services page](#) to learn how we can support each other. There are a vast amount of community agencies and centers that are readily available to support you and your family at any time. Take a moment to review this [document](#) which highlights different community agencies that you may reach out to.

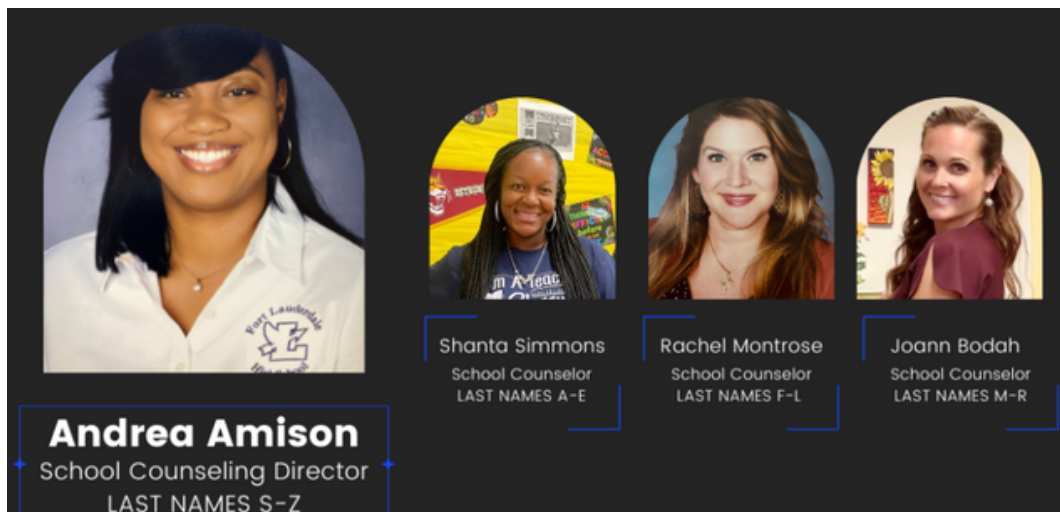


COUNSELOR CORNER

Students - Keep an eye on your Canvas dashboard for information regarding the scheduling process for the 25-26 school year. **The course selection guide will be available on Friday, January 17th!** Once available, start planning your class schedule by reviewing course descriptions, filling out your course selection form and getting ready to meet with your counselor.

Scheduling assemblies with the guidance team will take place January 21-23 during study hall.

Counselors will begin meeting with students around the end of February through their elective classes.



Additional Support Staff:

Ms. Morales	School Social Worker Grades 10 & 11
Ms. Fields	School Social Worker Grades 9 & 12
Ms. Gordon	Mental Health Specialist
Dr. Riddle-Price	Family Counselor

CODE OF CONDUCT



We strongly encourage our students to behave in a positive manner and we are continuously rewarding our Flying Ls for displaying positive traits and behaviors.

With that, students and families should continue to familiarize themselves with the Broward County Code of Student Conduct and Policy 5006 as it pertains to disciplinary infractions and criteria for expulsion.

The Code of Student Conduct provides specific information regarding the rules that all students are expected to adhere to, including but not limited to dress code, technology use, as well as items that are prohibited such as weapons, drugs, e-cigarettes and other vaping devices; as well as consequences for violations.

You can access the complete Broward County Code of Student Conduct found online: <https://www.browardschools.com/global6> or search the Broward County Public Schools website under the School Climate and Discipline Section. It is imperative that Code of Conduct and Emergency Contact forms are up to date in our system.



FLHS MAGNET PROGRAMS

Future Flying Ls: If you are a student living within the FLHS boundary zone and interested in enrolling as a Cambridge International or Pre-Law & Public Affairs magnet student, you will be guaranteed a seat at our school. To be eligible for one of our magnet programs, students must have a 2.5 GPA or higher AND a Level 3 or higher on their FAST or EOC exams for Reading and Math.

If you live outside the FLHS boundary zone, you must apply to our program through the District. Visit the Broward County Schools' [School Choice website](#), complete the application, and select Fort Lauderdale High School as your desired high school!



browardschools.com/schoolchoice

STAR TUTORING



FLHS students are invited to join us every Tuesday and Wednesday for this free tutoring opportunity, located in the media center, where they will get support from one of our highly qualified teachers in any of the subject areas listed below.

STAR will resume on Tuesday, January 21st for the second semester.

COURSES/TOPICS OFFERED

- ★ Algebra 1 & 2
- ★ Geometry
- ★ Pre-Calculus & Calculus
- ★ Biology & Chemistry
- ★ FAST ELA
- ★ US and European History



GET CAUGHT
doing something great!

WE ENCOURAGE ALL FLYING L'S TO S.O.A.R & HAVE P.R.I.D.E FOR A CHANCE TO EARN FLYING L PRIDE BUCKS AND BE NOMINATED TO BE OUR KID OF CHARACTER OF THE MONTH AND BE INVITED TO A SPECIAL LUNCH WITH MRS. BROWN.



YOU ARE INVITED

FLHS MAGNET REGISTRATION EVENT

*** Inboundary Students Only ***

FEBRUARY 8, 2025 | 10:00 AM

[Click here](#) to RSVP and receive necessary paperwork.



LITERACY & MATH SUPPORT



Students are encouraged to click on the icons below to access helpful educational websites for both literacy and math support. These sites provide students with additional practice opportunities where they can continue to reinforce the skills that they will be reviewing all year. **Extra time on these online programs will increase student achievement.**





EQUITY & DIVERSITY

Fort Lauderdale High School will recognize various day, week, & month long observances during the school year. Below are the observances for Quarter 3:

• January:

- Florida Jewish History Month
- National Mentoring Month
- 11th: Human Trafficking Awareness Day
- 20th: Dr. Martin Luther King Day
- 27th-31st: The Great Kindness Challenge
- 27th: International Holocaust Remembrance

• February:

- Black History Month
- Teen Dating Violence Prevention Awareness
- 6th: Safer Internet Day
- 12th-16th: Respect Week
- 14th: Day of Service & Love (Early Release)

• March:

- Women's History Month
- 13th or 20th (TBD): Above the Influence Rally
- 21st: International Day for the Elimination of Racial Discrimination

CHARACTER EDUCATION

At Fort Lauderdale High School we take pride in celebrating our students. The School Board of Broward County is committed to the teaching of Character Education and has adopted eight core character traits as part of the Standards of Service Policy. Each month the faculty and staff at FLHS recognizes and highlights students who display the characteristics of various traits.



ATHLETICS

As our winter sports season is coming to an end, we are excited to cheer on our athletes who will be participating in the following spring sports:

Baseball Lacrosse Softball Tennis
Track and Field Volleyball Water Polo

Introducing Girls Flag Football! If you have any questions regarding athletics, please contact our Athletic Director, TJ Lawrence, at tjlawrence@browardschools.com.

You can also follow our twitter page to stay up to date with the latest news [@FlyingLsAthlete](https://twitter.com/FlyingLsAthlete).

COLLEGE & CAREER READINESS



Juniors:

You will be taking a real SAT exam in school on **prior to spring break**. [Click here to begin building your SAT study plan!](#)

Seniors:

Are your test scores close to the Bright Futures requirements, but not quite there? Unless you are earning the AICE Diploma, you need a **1210 SAT or 25 on the ACT** to receive the **75% tuition scholarship!** Bright Futures will accept test scores through the end of June so keep testing! [Also, if you work you can submit work hours to meet the service hours requirements for Bright Futures.](#) See Ms. Francois or Ms. White for details.

NATIONAL SAT DATES	NATIONAL ACT DATES
March 8, 2025 <i>Registration Deadline: 2/21/25</i>	February 8, 2025 <i>Registration Deadline: 1/20/25</i>
May 3, 2025 <i>Registration Deadline: 4/18/2025</i>	April 5, 2025 <i>Registration Deadline: 2/28/25</i>
June 7, 2025 <i>Registration Deadline: 5/22/25</i>	June 14, 2025 <i>Registration Deadline: 5/9/25</i>

****Juniors and Seniors:** You may be able to receive test and application fee benefits for the SAT and ACT. Please click below to learn more:

- [SAT Fee Waiver Service](#)
- [ACT Fee Waiver Program](#)



FORT LAUDERDALE HIGH SCHOOL



9th and 10th Grade End of Course (EOC) Exam *Information Night*

Parents & Guardians, Join Us!

Learn everything you need to know about:

- End of Course (EOC) Exams- Algebra, Biology, Geometry, FAST Reading
- Preparation tips and tutoring resources
- What to expect on exam day
- Q&A session with teachers and administrators



Fort Lauderdale High School Media Center



January 30, 2025 at 6:00 pm

Spaghetti Dinner will be provided starting at 5:30 pm



For more information, contact: Mr. Shannon or Mrs. Ospina

Let's work together to ensure success on these important exams!

EXTENDED LEARNING OPPORTUNITIES AT FLHS



FLHS IS OFFERING A VARIETY OF FREE TUTORING & REVIEW SESSIONS. MAKE SURE YOU ATTEND TO HELP YOU ACHIEVE ACADEMIC EXCELLENCE.

CAMP	CAMP DETAILS
STAR Tutoring	Tuesdays/Wednesdays from 3:00 - 4:45 pm Click on FLYER for details
FAST Camp	Wednesdays from 3:00 pm - 4:45 pm Media Center Bubble - Click on FLYER for details
Algebra 1 EOC Review Sessions	Tuesdays from 3:00 pm - 4:45 pm Media Center Bubble - Click on FLYER for details
Biology EOC Review Sessions	Tuesdays & Wednesdays from 3:00 pm - 4:45 pm Pull outs during Study Hall - Click on FLYER for details
U.S. History Review Sessions	2nd Period - Study Hall (11th Grade) Beginning 2/16. Click on FLYER for details
SAT Tutoring	Tuesdays (Math) & Wednesdays (Reading) 3:00 - 4:45 pm- Click on FLYER for details
Upperclassmen Credit Recovery	Tuesdays & Wednesdays from 3:00 pm - 4:45 pm Beginning 2/4. Room 2079
Algebra 1/Geometry Pull-Out Sessions	Select 9th - 11th Grade Students Study Hall (Second floor of the cafeteria)
Reading Pull-Out Sessions	Select 10th Grade Students Electives (1st white & blue day of the week)
AP/AICE Review Sessions	Contact your AP/AICE teachers for details

CLICK HERE to access the mandatory permission form needed to participate in ALL after school activities.



VAPING

The cool and dangerous
new alternative to cigarettes

We have seen historic declines in alcohol use, binge drinking, and cigarette smoking among Florida's high school students. However, vaping, or e-cigarette use, is becoming more and more popular among teenagers and are now the most commonly used tobacco product among youth. Although originally marketed to replace cigarettes and reduce the number of smokers, the data indicates vaping is actually creating more people addicted to nicotine and increasing the number of smokers.

Click on the link below to find out how you can help yourself and your child avoid the dangers of vaping.

[FAMILY RESOURCES LINK](#)

#KNOWTHEFACTS

Electronic cigarettes can be used with marijuana or CBD oil.¹

03

02

Nicotine can harm adolescent brain development.¹

01

Electronic cigarettes can have nicotine levels equal to a pack of cigarettes.¹

04

66% of teens think that there is "just flavoring" in their electronic cigarettes.²

05

21% Florida high school students get their electronic cigarettes from convenience stores and/or gas stations.³

06

41% of Broward County high school students said they have used an electronic cigarette.⁴

¹ Youth Initiative
² National Institute on Drug Abuse
³ Florida Youth Tobacco Survey 2015
⁴ Youth Risk Behavior Survey 2017

Secondary Schools (6-12)

1st Offense: 1-2 day in-school suspension with required intervention assignments and a referral to the District Substance Abuse Case Manager

2nd Offense: 6-day suspension with required intervention program assignments and a referral to the District Substance Abuse Case Manager

3rd and Subsequent Offenses: 10-day suspension, recommendation for expulsion and a referral to the District Substance Abuse Case Manager

For more information on Substance Abuse Preventions: E-Cigarette and Vaping Family Resources visit

<https://www.browardschools.com/SubstancePrevention>

STEPS TO AWARENESS AND MAKING WISE DECISIONS

1

BE HONEST.

E-cigarette use is a fairly new area of study; avoid using scare tactics and only offer accurate information when discussing with your teen.

2

BE AWARE.

Be familiar with the products of the top five brands representing over 97% of the market: JUUL, Vuse, blu, and Logic.

3

BE ON THE LOOKOUT.

Know that many e-cigarettes look like USB memory sticks, and keep an eye out for signs your teen may be vaping.

5

BE SUPPORTIVE.

Teens can call 1-800-QUIT-NOW (or 1-800-784-8669) for additional help.

4

START A DIALOGUE.

Suggest your teen speak to a pediatrician or adolescent medicine specialist for expert advice.